

Friends of Ringette Summer Camp Schedule

Participants will be divided into their respective age and skill levels:

- **Novice**
- **Petite**
- **Tween/Junior**

MONDAY

Time	On-Ice Training	Power Skating	Off-Ice Ringette Skill Development	Player Development
9:00 10:00	Novice		Petite	Tween/Junior
10:00 11:00	Petite		Novice	
11:00 12:00	Tween/Junior			
12:00 1:00				Petite
1:00 2:00		Novice	Tween/Junior	Petite
2:00 3:00		Petite	Tween/Junior	Novice
3:00 4:00		Tween/Junior	Petite	Novice

TUESDAY

Time	On-Ice Training	Power Skating	Off-Ice Ringette Skill Development	Player Development
9:00 10:00	Tween/Junior		Novice	Petite
10:00 11:00	Novice		Tween/Junior	
11:00 12:00	Petite			
12:00 1:00				Novice
1:00 2:00		Tween/Junior	Petite	
2:00 3:00		Novice		Tween/Junior
3:00 4:00		Petite	Novice	

WEDNESDAY

Time	On-Ice Training	Power Skating	Off-Ice Ringette Skill Development	Player Development
9:00 10:00	Petite		Tween/Junior	Novice
10:00 11:00	Tween/Junior		Petite	
11:00 12:00	Novice			
12:00 1:00				Tween/Junior
1:00 2:00		Petite	Novice	
2:00 3:00		Tween/Junior		Petite
3:00 4:00		Novice	Tween/Junior	

THURSDAY

Time	On-Ice Training	Scrimmage	Off-Ice Ringette Skill Development	Player Development
9:00 10:00	Novice		Petite	Tween/Junior
10:00 11:00	Petite		Novice	
11:00 12:00	Tween/Junior			
12:00 1:00				Petite *Special Event
1:00 2:00		Novice	Tween/Junior *Special Event	
2:00 3:00		Petite		
3:00 4:00		Tween/Junior	Petite	Novice *Special Event

FRIDAY

Time	On-Ice Training	Scrimmage	Off-Ice Ringette Skill Development	Player Development
9:00 10:00	Novice		Petite	Tween/Junior
10:00 11:00	Petite		Novice	
11:00 12:00	Tween/Junior			
12:00 1:00				Petite
1:00 2:00		Novice	Tween/Junior	
2:00 3:00		Petite		Novice
3:00 4:00		Tween/Junior	Petite	